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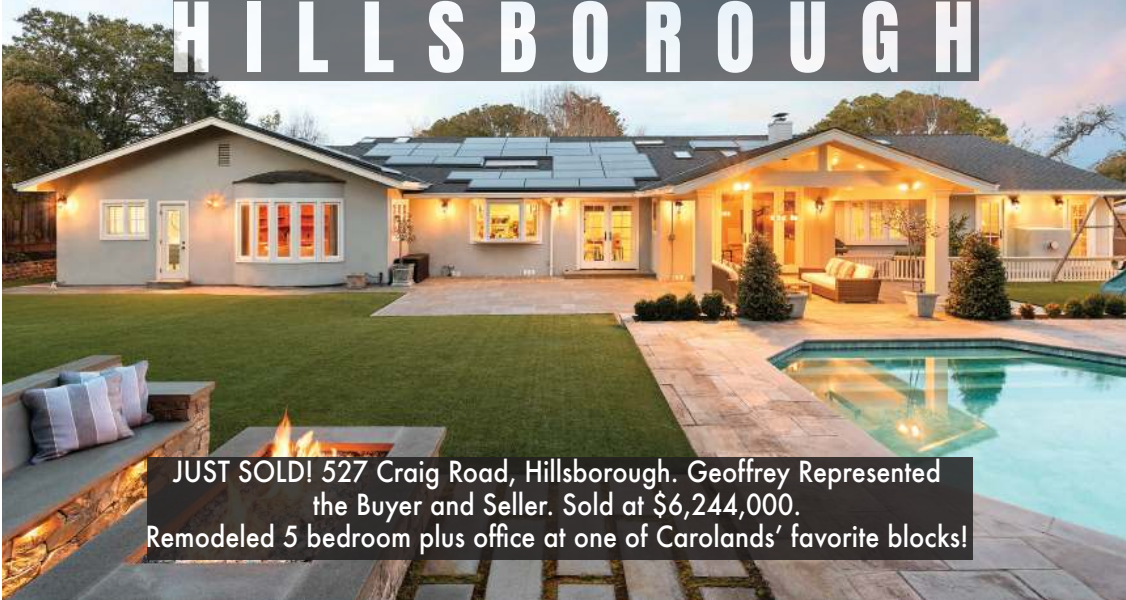


Parul Somani
Turning Adversity into an Ally

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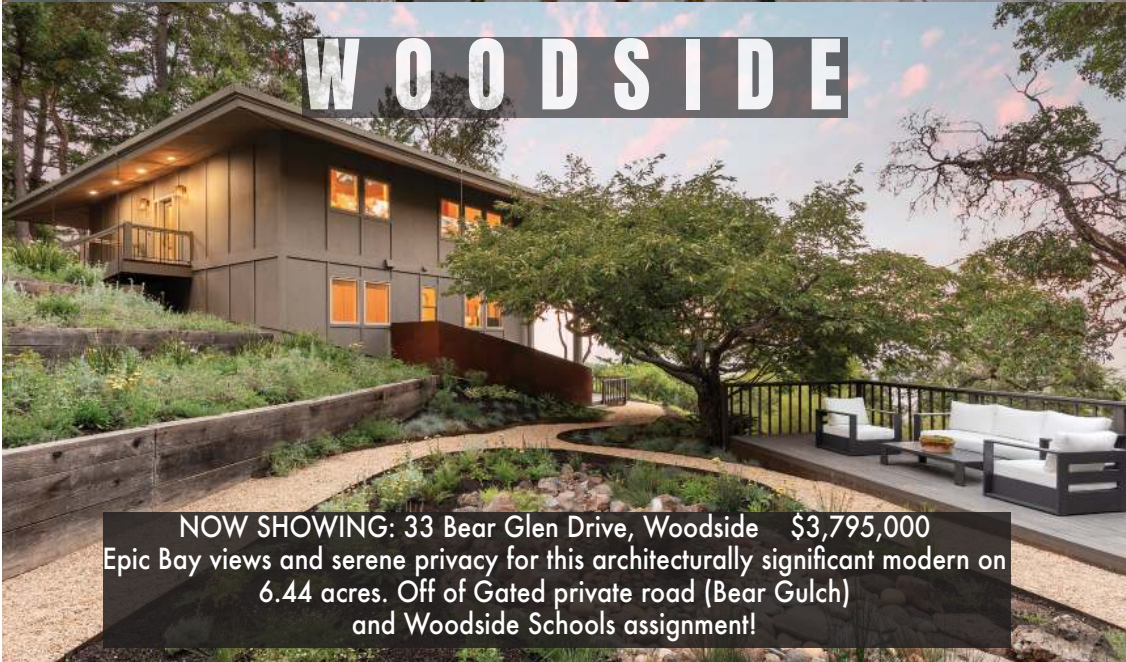
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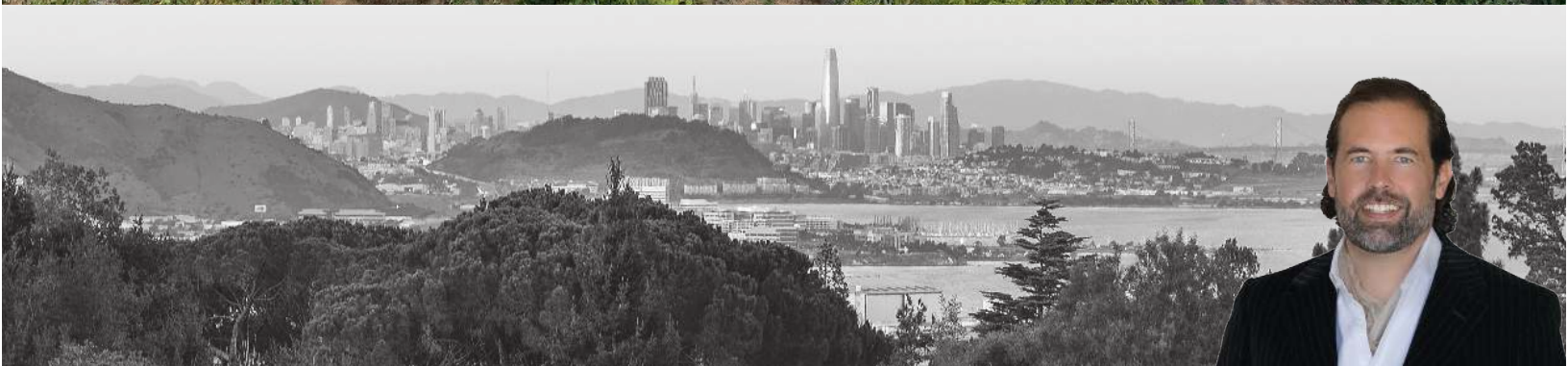


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August 10.....	September
September 10.....	October
October 10.....	November
November 10.....	December



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Dear Residents,

I hope you are enjoying some of the cooler weather that Fall brings. Three more months left of 2024. Wow, that went fast! It is hard to believe that the holidays are already on the horizon.

Anthony Di Luzio, resident and owner of The Home Team, writes on the "Why and Hows" in building an ADU (page 17). Our expert Pediatric Dentist, Dr. Nikki Fallah, assists parents in the decision of electric toothbrushes for kids (page 13).

Christine Krolik, Hillsborough's Mayor, shares with us on page 7 that Town Hall will be hosting a session on cyber crime and how to protect yourselves and loved ones on November 19th.

Hillsborough's Youth Commission has elected a new group of bright, local individuals. You can find this new group of leaders and learn about this year's initiatives on page 19.

Lastly, ever wondered who puts together some of the beautiful flower planters in Downtown Burlingame or spearheads the holiday lights and decorations on Burlingame Ave? Look no more - meet Hadia on page 20.

We have another great magazine for you this month- thank you to all that contributed! Continue to reach out with ideas, stories, photos, etc to share with the community. We rely on family/individual nominations for our cover family. If you know someone who has a good story to share, please let us know. We would love to highlight them! If you have a business and would like to partner with *Hillsborough Living* and share your knowledge with the community, I'd love to hear from you.



Until next time,
Stephanie
Stephanie Mittendorff, Publisher
 smittendorff@bestversionmedia.com

Dear Neighbors,

As the leaves turn golden and the crisp October air settles in, we're thrilled to present a special issue that celebrates resilience. This month, we're honored to feature Parul Somani on our cover—a true beacon of strength and inspiration. Her story is a testament to the power of embracing challenges and using them as stepping stones toward growth. Parul offers invaluable insights and motivation for anyone navigating their own trials on pages 8-11.

As we dive into event season, make sure to note your local events through the Save the Dates and our Calendar of Events on pages 22-23. This issue also features a mouthwatering recipe for Oktoberfest Pretzels on pages 24-25. Perfectly golden and soft, these pretzels are sure to add a festive touch to your fall celebrations.

We hope Parul's story and our Oktoberfest Pretzels bring inspiration and joy to your month. Here's to finding strength in adversity and savoring the simple pleasures along the way.



As always, happy reading!
Leslie
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Advice for what matters most, when you need it most

Congratulations to **Paul Luciano** for being named to the **Forbes “Best-in-State Wealth Advisors” 2024 list**, published on April 3, 2024. Rankings based on data as of June 30, 2023.



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Letter from the Mayor



By Christine Krolik

We are proud of our low crime rate in Hillsborough, the lowest for any community of comparable size in the state. Our community has helped lower burglaries by following the recommendations from the Hillsborough Police Department (HPD): leaving lights on, installing and setting alarm systems, keeping cars and doors locked.

But we need to be aware of other, more insidious ways that criminals can enter our home and take everything we own -often with our cooperation. I am talking about cybercrime. It is on the rise and can wipe out our life savings if we are not vigilant.

Tuesday evening, November 19th at 5pm, in person at Hillsborough Town Hall and via Zoom, HPD will conduct a session on protecting ourselves from cybercrime. Many of these crimes involve long periods of trust-building, often with smaller initial investments yielding a generous return.

Intelligent, educated residents are falling victim to these scams. Be sure that you are not one of them. Spread the word to your friends, family and neighbors, particularly those who are in their golden years. Never allow anyone who isn't a long-trusted, established entity access to your assets. Join HPD on November 19th to learn more.

On a lighter note, join us on Thursday, December 5th at 5pm for Light Up the Town at Hillsborough Town Hall. Thank you, Hillsborough Beautification Foundation, for this 20+ year holiday tradition of music, treats and fun! The event is multi-cultural, and all are welcome.

A personal thank you: my mayoral term will come to a close at the City Council meeting on December 9th. It has been the honor of my life to serve as your Mayor. I thank every resident of our beautiful town. It is a true pleasure to represent you.

For updates on town meetings, activities and important information, subscribe to the weekly town bulletin: www.hillsborough.net/subscribe. Email addresses are not shared with any outside entity.

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**OCTOBER
 BREAST
 CANCER
 AWARENESS
 MONTH**

Parul Somani

Turning Adversity into an Ally

By Stacey Holmes
Professional photos by Tri Ngyuen
Snapshots provided by The Somani Family



Parul, Mira (10), Diya (12), and Ash



Parul and Ash Somani at the American Cancer Society's 10th Anniversary SF Discovery Gala 2021

What do you do when life throws you a curveball? Parul Somani knows what that feels like all too well. A decade ago, she faced complications when giving birth to her second daughter, Mira. Suffering from breathing challenges after being born early via c-section, Mira was admitted to the acute NICU for testing and monitoring.

To compound an already horrifying situation, on Mira's one-week birthday, Parul was diagnosed with an aggressive stage two breast cancer at just 31 years of age.

Thankfully Mira was ultimately discharged with a clean bill of health, but the following year Parul had ten rounds of chemotherapy and four surgeries. "It entirely transformed my view of the world and approach to life," continues Parul. "The desire to pursue more mission-driven work was inspired by my difficult health journey."

She came across a start-up in the genomics and hereditary cancer space and felt like she found her mission. Her official role was to lead global marketing for their enterprise and clinical channels, and she poured her heart above and beyond into the position by also presenting at large healthcare conferences on the powerful role genetic testing played in her cancer journey. "I viewed that role as the purpose I was creating from my own diagnosis; an opportunity to help others," explains Parul.

After being unexpectedly laid off, Parul felt a tremendous loss. Gone was her ikigai, or "reason for being," and she didn't know where to go from there.

She spent most of 2019 choosing to remain unemployed. She took the time to be present, for introspection, and to be inspired for what would come next in her career. The more time passed by, the more she realized her priorities had changed. She wanted the autonomy and flexibility to be with her girls while they were at an age where they still enjoyed hanging out with her. That said, she had an achievement cup that needed to be filled.

Her “aha” moment came that fall. She was asked to share her patient perspective as the keynote speaker at the grand opening gala for the new Stanford Hospital, and the experience reminded her of how much she enjoys inspiring an audience. “More importantly, I realized that the message I wanted to share was not about the diagnosis or the dark clouds, but of the positive outcomes that were created from them,” relates Parul.

She realized her cancer journey transformed how she thinks about uncertainty and change, and taught her how to move through hard situations with intention and meaning in all aspects of life. Now, she wanted to share those learnings with others.

Inspired, she spent five days in her pajamas creating her website: parulsomani.com.



Parul at the New Stanford Hospital Donor Dinner 2019. Photo by Andrew Caulfield



Mira and Parul during her treatment in 2014

In October 2019, exactly five years after remission, Parul launched her business as a keynote speaker and executive coach.

Over the past five years, Parul has had the opportunity to present her insights on how to navigate hard situations for audiences spanning Fortune 100 companies to leading health systems and universities. As an executive coach, she guides C-suite executives through career and life changes with a


uniquely holistic approach that recognizes how their professional success and personal fulfillment are intertwined.

Drawing from these experiences, Parul is currently writing her first book that will teach readers how to get unstuck and move forward when there are no easy answers. You can download her free “Master Your Mindset” guide on her website and she is happy to connect live if you’d like to learn more.

continued on page 10


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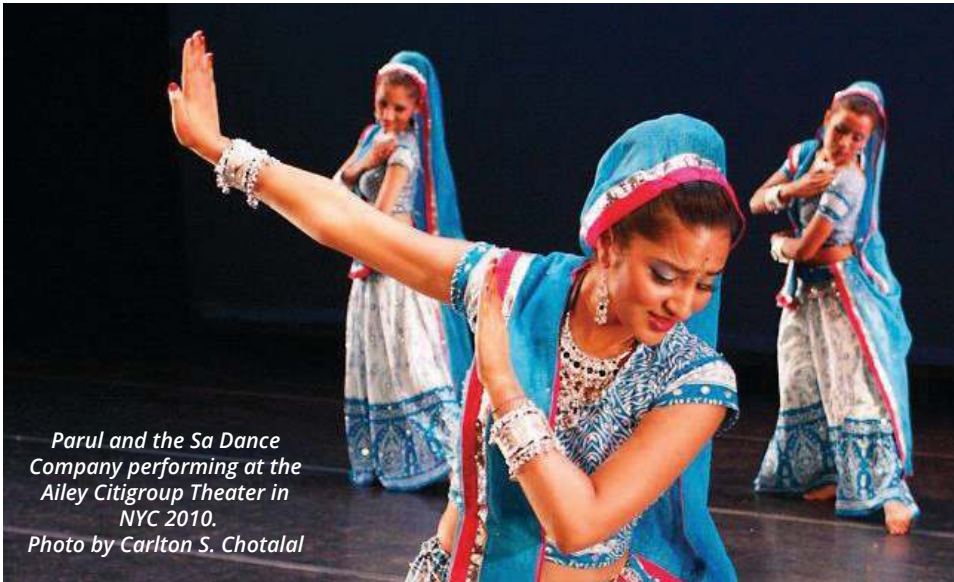
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Parul and the Sa Dance Company performing at the Ailey Citigroup Theater in NYC 2010. Photo by Carlton S. Chotalal



Parul's family celebrating her 40th Birthday, 2022 Photo by Alan V Photos

Her husband, Ash, has been by her side throughout her health and career journeys and long before that. They first met back in India as toddlers; their dads were friends even before they each got married.

Ash and Parul share many childhood memories. At a young age, Ash immigrated with his family to Seattle, WA and Parul's family moved to Portland, OR. Their families would meet up for weekend visits a few times a year, enjoying Monopoly and watching Bollywood movies. Ash and Parul got married in India in 2005, and instead of their wedding having separate slideshows of the bride and groom growing up, they had a slideshow of the two growing up together. Their love story is quite the Bollywood movie.

Their relationship had the chance to blossom when they both attended MIT. Parul majored in Electrical Engineering and Computer Science and joined Bain & Company, a management consulting firm, after graduation. For the next nine years, she worked across four different Bain offices – Boston, Delhi, New York, and San Francisco – and earned her MBA at Harvard Business School.

While she loved leading teams to help solve challenging business problems, she suffered from burnout from the intense client-services nature of the work and desired to build something. She ultimately made the difficult decision to leave Bain with a vague idea of launching or joining a start-up. Only two weeks into unemployment, she learned she was pregnant with their second daughter. She expedited her career search and joined a consumer technology start-up, where she remained until they were acquired by Gap, Inc.

With no interest in working for a large retailer and a desire to pursue more mission-driven work, this inflection point served as Parul's launch pad into the next chapter of her career – first the genomics startup and then self-employment. Parul moved into her life's work of using her own personal experience to support others through speaking engagements, executive coaching, and more. Life was painful, recovering from cancer and other setbacks, and she responded with grace, passion, and courage.

There is not only a real depth to Parul's interests, but also breadth. Besides career and family,

she has dance, volunteer and community work that drives her. Dance has always been her immediate go-to hobby. She first began training in Bharatanatyam, an Indian classical dance form, when she was about three-years-old. She performed that and other dance styles throughout childhood and adulthood, launching a fusion dance team at MIT, leading the bhangra team in business school, and even performing with professional Indian dance companies in NYC and SF while working a full-time corporate job. Two knee surgeries later, she is sad to say her dance career is now largely in retirement, but she is thankful to be able to share her love for dance with her daughters.

Her most significant field of volunteer work lies in patient advocacy and cancer care. This interest began in 2014 when she documented her cancer journey real-time in a blog titled, "New Job. New Baby. New Cancer." (cancerat31.wordpress.com), which has since been read worldwide across nearly 85 countries. In the years since, she has

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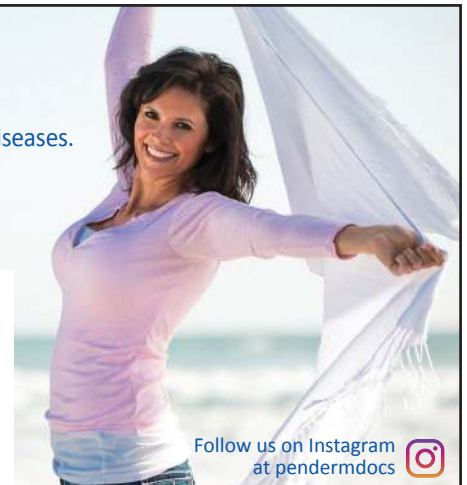
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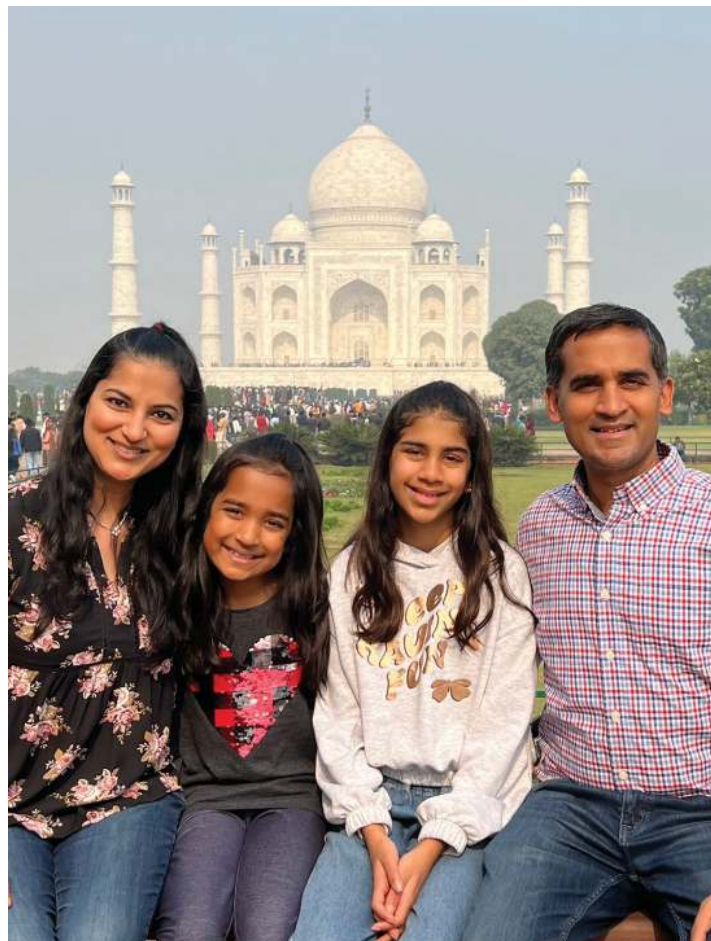
had the honor of partnering with premier healthcare organizations, including President Biden’s Cancer Moonshot at the White House, the World Economic Forum’s Global Precision Medicine Initiative, MIT’s Koch Institute, Stanford Health Care, and more, on topics spanning the cancer care continuum, actionable genomics, and mental wellbeing. Just last month, Parul had the honor of giving the keynote speech at the American Cancer Society’s San Francisco Discovery Gala at the Chase Center. She also serves on the American Cancer Society’s National Breast Cancer Roundtable and Patient & Family Advisory Council, and recently joined the board of Breast Cancer Prevention Partners, a national organization working to eliminate toxic chemicals and other environmental exposures that lead to breast cancer.

Parul is also involved with a number of other organizations. She serves on the Leadership Council for Tipping Point, a nonprofit in the San Francisco Bay Area that finds, funds, and strengthens the most promising poverty-fighting solutions. She is also on the Global Mentorship Board for One League, an institution connecting potential change-makers around the world to educators and curricula from top universities. Additionally, Parul is a Grade Level Advisor for the Crystal Springs Chapter of the National Charity League, a multi-generational philanthropic organization of mothers and daughters fostering a commitment to philanthropy, culture and leadership. Lastly, she enjoys volunteering at her daughters’ schools whenever she is able to.

Like Parul, her two daughters thrive in leadership and community work and the arts. Diya, twelve-years-old, is a 7th grader at Crystal Springs Uplands School and Mira, ten-years-old, is a 5th grader at South School.

Diya shares her mom’s love for dance, performing on a competitive hip-hop team and with a Bollywood dance company. She also sings with the Peninsula Girls Chorus, with whom she looks forward to performing in NYC at Carnegie Hall next summer. She is excited to have recently joined the National Charity League, for which she serves as the Class of 2030 Co-President for her local chapter. One fun fact about Diya is that she kept busy during COVID by creating a website called BePositive.Fun, consisting of an A-Z series of twenty-six videos she created to teach kids about positivity. Her website has since been viewed across 20 countries.

Mira serves on the South School Student Council and enjoys performing at her school theater; she was Little Simba in the Lion King musical last year. She loves baking and is often tasked with preparing desserts for family dinner parties. One fun fact about Mira is that she loves to tinker and helped with the production and iMovie editing of Diya’s BePositive. Fun videos. She also performs Bollywood dance and sings with the Peninsula Girls Chorus.



Somani's visting Taj Mahal 2023

The Somani family is fortunate to have not only friends, but also family in the Hillsborough community. Ash’s identical twin brother, Paritosh, lives in Hillsborough with his wife, Nisha, and two sons, Arjun and Veer, who are respectively in eighth grade at Crocker and fifth grade at West. It’s not uncommon for folks to be super confused when seeing Ash’s look-alike around town. Additionally, Nisha’s sister, Kavita Mishra, also calls Hillsborough home with her husband, Anupam, and two sons. “It’s a joy being able to see Diya and Mira growing up so close to their cousins,” shares Parul.

It’s more than a busy life for Parul but she wouldn’t have it any other way. She has a lot to offer audiences, clients, and the community. There is nothing like someone coming from a place of authenticity and lived experience. Parul has worked hard to turn her adversity into an ally.



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Are Electric Toothbrushes Right for My Child?

The Pros Cons and Reality



By Niki Fallah, DDS, MS Mills-Peninsula Pediatric Dentistry & Orthodontics and Resident

A question I get asked almost every day in my practice is what type of toothbrush I recommend for children: manual or electric? My response is based on various factors specific to the child and their family. It is important to weigh all the pros and cons and decide what works for your child and household. Here's an in depth look on what you need to know between the two options before deciding what is best for your child's daily oral hygiene routine.

Benefits of Kids Using an Electric Toothbrush:

- **Deep Cleaning.** One major advantage of an electric toothbrush is their ability to provide a deeper, more thorough cleaning, reaching difficult areas that a manual toothbrush may miss. Electric toothbrushes utilize rotating and oscillating technology that when used properly to break up and remove significantly more plaque and debris than regular toothbrushes, which leads to reduced plaque buildup and gingivitis over time. However, this is only achievable if the child is operating the toothbrush with proper coordination and dexterity for the appropriate amount of time.
- **Engaging & Fun.** The interactive nature of electric toothbrushes for kids, with options like a connected app and fun music, can motivate and engage your child during their brushing routine. Manual toothbrushes on the other hand do not have the many bells and whistles you will find with an electric toothbrush; however, you can still keep your teeth and gums healthy with one.
- **Built-in Timers.** Many electric toothbrush models come with built-in timers and indicators, ensuring children are brushing for the full two minutes and letting them know when to change areas in the mouth. This feature is quite useful if the child doesn't ignore the timer and turn the toothbrush off before it does so automatically.

Drawbacks of Kids Using an Electric Toothbrush:

- **Potential "Laziness".** Since electric toothbrushes create more foam in the mouth, many kids tend to incorrectly think their mouths are cleaner a lot faster than using a manual toothbrush, which takes more effort and time. It also gives them a false sense of not needing to "move the toothbrush around" like you would with a manual toothbrush. They begin to cut corners with their brushing, missing teeth and/or entire areas. Thus, it's important to confirm children are still brushing thoroughly—supervision is often required of the parents to maintain this with either option.
- **Replacement Heads.** After brushing, children rarely put their toothbrush back in a correct upright, dry location. Often times it just sits on the counter, bathroom sink, the floor, or somewhere completely random in the house. As a result, the contamination and bacteria toothbrush bristles carry can be considered a health hazard. It is best to just throw the toothbrush out and grab a new one, knowing that your child isn't putting their health at risk. Given how expensive electric replacement heads are, you're much less likely to throw them out especially when the bristles still look good. Replacing manual



toothbrushes on the other hand have fewer financial implications and are easily replenishable.

- **Charging or Battery Replacement.** When it comes to electric toothbrushes, there are battery-powered and rechargeable options. Battery-powered electric toothbrush models will require periodic battery replacement, whereas rechargeable versions need to be regularly charged to work properly. For some families, this may be less convenient compared to the grab-and-go simplicity of a manual brush, especially while traveling where we often times forget our toothbrush at home.
- **Safety and Sensitivity.** Safety considerations are also important as some electric toothbrush models may not be suitable for very young children. If not used properly electric toothbrushes can cause quite a bit of damage to your child's gingiva, causing large areas of recession due to too much pressure on the gums. Electric toothbrushes also make a buzzing noise as well as vibration, which some children might feel sensitive towards or overstimulated by. Some kids with sensitive gums may feel pain or discomfort when using electric toothbrushes as the moving bristles may cause irritation. With either option you should always look for a toothbrush with soft bristles and the right size head.

It's important for children to learn and master the proper skills of brushing. The best kind of toothbrush is the one that motivates and encourages your child to maintain good oral hygiene. Studies have never been able to prove that electric toothbrushes are better than manual ones or vice versa. The prevention of decay and gum disease is purely based on how you brush, not what you use. By considering all the above factors and knowing your child's personality, hopefully you can determine what will best support your child in their oral hygiene journey.

Dr. Niki Fallah is a board certified pediatric dentist with specialized training and experience in treating the dental needs of infants through adolescents, including those with special needs. She lives in Hillsborough with her husband and three daughters. She is thrilled to be able to serve the children, teens and families of Hillsborough and surrounding communities in her practice.

AUGUST LISTINGS	LIST PRICE	SALE PRICE	CLOSE DATE	LIST DATE	BED	BATHS	LOT SIZE	\$/Sq.Ft.
695 Fairway Circle	\$13,888,000			08/23/24	5	5.5	.45 Acres	\$2,023
1272 San Raymundo Road	\$5,888,000			08/19/24	5	4.5	.49 Acres	\$1,899
1615 Wedgewood Drive	\$5,590,000			08/16/24	5	5.5	.58 Acres	\$1,190
1570 Lakeview Drive	\$4,999,000			08/28/24	5	3.5	.51 Acres	\$1,760
20 Knollcrest Road	\$4,950,000			08/29/24	4	3.5	.36 Acres	\$1,374
20 Lohoma Court	\$4,498,000			08/09/24	4	3.5	.60 Acres	\$1,831
250 Brentwood Road	\$3,999,000			08/16/24	3	2.5	.47 Acres	\$1,373
1305 Tartan Trail Road	\$3,690,000			08/15/24	4	3	.52 Acres	\$1,595
AUGUST PENDING	LIST PRICE	SALE PRICE	CLOSE DATE	DOM	BED	BATHS	LOT SIZE	\$/Sq.Ft.
711 Hayne Road	\$5,890,000			73	5	4 Full, 3 Half	.87 Acres	\$961
1615 Wedgewood Drive	\$5,590,000			7	5	5.5	.58 Acres	\$1,205
20 Tamarack Dr	\$4,999,000			21	5	3.5	.61 Acres	\$1,373
1305 Southdown Road	\$4,990,000			76	5	4.5	1.26 Acres	\$1,071
1305 Tartan Trail Road	\$3,690,000			7	4	3	.52 Acres	\$1,347
AUGUST SOLD	LIST PRICE	SALE PRICE	CLOSE DATE	DOM	BED	BATHS	LOT SIZE	\$/Sq.Ft.
165 Woodridge Road	\$14,999,000	\$14,750,000	08/30/24	122	6	7 Full, 3 Half	2.19 Acres	\$935
60 Roberts Way	\$4,980,000	\$5,350,000	08/12/24	42	6	5.5	.53 Acres	\$949
415 El Centro Road	\$4,695,000	\$4,805,000	08/16/24	17	4	3	.31 Acres	\$1,632
1535 Black Mountain Road	\$4,599,000	\$4,387,500	08/13/24	64	5	3.5	.56 Acres	\$1,300
105 Cornelia Drive	\$4,399,000	\$4,100,000	08/13/24	5	3	2	.89 Acres	\$1,767
785 Pullman Road	\$3,999,999	\$4,400,000	08/26/24	9	4	4.5	.52 Acres	\$804
29 Roberts Way	\$3,500,000	\$4,300,000	08/01/24	25	5	3	.49 Acres	\$1,686

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Adding on an ADU: *The Why and How*

By Anthony Di Luzio, The Home Team and Hillsborough Resident



Why Consider Building an ADU?

One of the most popular trends in home improvement is the addition of an Accessory Dwelling Unit (ADU). ADU popularity surged during the pandemic and has continued to be a favored project among homeowners. ADUs can be a fantastic investment in your property, offering both financial and lifestyle benefits.

An ADU serves various purposes, such as a guest space for family members during the holidays, a dedicated home office for increased productivity, or a well-equipped home gym. It can be designed in a variety of layouts including a detached unit in your backyard, an attached extension of your primary home, a garage conversion into a standalone space, or even a below ground unit that optimizes underutilized basements or crawl spaces. With so many advantages to adding an ADU, the question remains, where to begin?

Where to Begin with Your ADU Project

Embarking on the ADU journey presents numerous challenges, from navigating regulations and zoning laws to managing logistics and budgeting. The last thing you need is the stress of a poorly planned construction project. To simplify the process, consider it in three phases: Discover, Design, and Deliver.

Discover: Understanding Your Goals

The discovery phase focuses on defining your goals for the ADU and consulting with an architect that specializes in ADUs. Ask yourself what the primary use of the unit will be, what your budget is, and which features are essential. Consider what type of ADU best fits your family's needs. Your budget will help determine the range of options, features, and level of finish available to you. Brainstorm essential features such as smart home systems, custom woodwork, energy-efficient appliances, and more. These questions are crucial in understanding what is most important to you.

Ideally, your architect will advocate for you throughout the process, providing an assessment of your property, crafting a design ethos for your project, and developing a budget and plan that align with your key goals. They should possess expertise in local regulations and building codes.

Design: Bringing Your Vision to Life

The design phase is where your ideas begin to take shape. Your architect and designer will help customize the layout and finishes based on your goals and lifestyle. Do you envision a modern, open-plan guest house or a cozy, traditional retreat? Consider high-end materials and advanced technology, such as home battery systems or smart home networks, to enhance both functionality and value. During this phase, your architect will also work to obtain the necessary permits to commence construction.

Deliver: From Blueprint to Completion

The delivery phase marks the beginning of construction. Your trusted contractor will manage the project, ensuring it stays on track and within budget. One of the most critical aspects of this stage is communication. Your contractor should provide regular updates including photographs and detailed descriptions to keep you informed throughout the process. After construction is complete, take your time with the final inspection to ensure every aspect of the design and build meets your expectations.

What People Have to Say About Their ADUs

Many homeowners who have built an ADU regard it as one of the greatest investments they have made in their homes. They have hosted memorable family gatherings, embraced new hobbies, created personal sanctuaries, generated supplemental income, and, most importantly, deepened their love for their homes. While the process of designing and building an ADU may seem daunting, with the right advocate by your side, it can be streamlined. In just a matter of months, you could gain access to a completely new space for you and your family.



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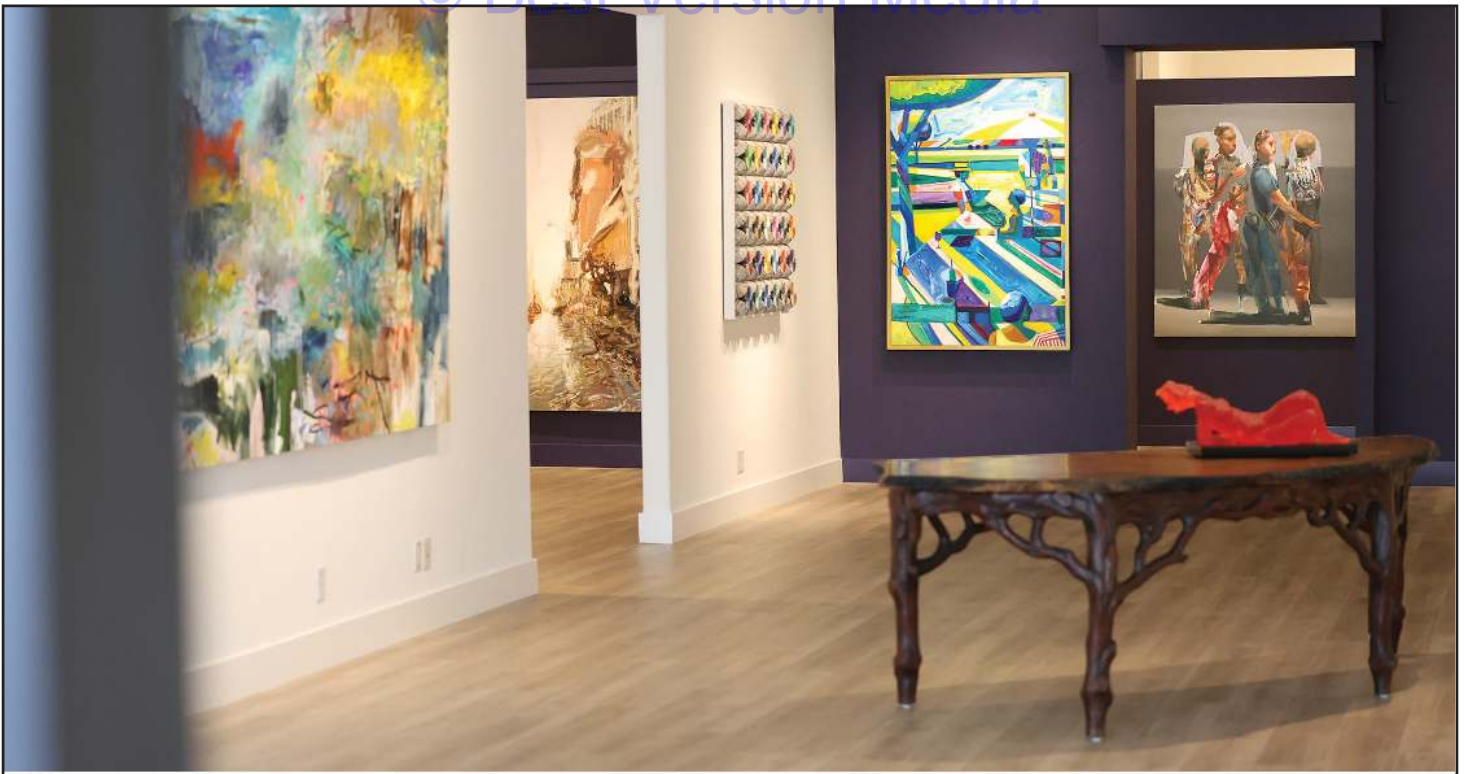


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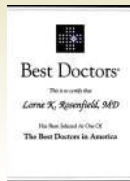




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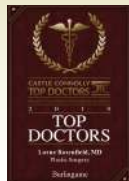
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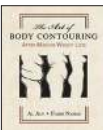


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Hillsborough Youth Commission Begins its Second Year!



By Anya Dalal, Vice-Chair, Hillsborough Youth Commission

This year, the HYC will continue its work in mental health as well as champion voting registration for 16-17 year olds, partner with Hillsborough Beautification to encourage environmental sustainability, and promote Age-Friendly City initiatives.

Our HYC meetings take place on the fourth Monday of the month at Town Hall at 6:30 pm. All are welcome! Please email hillsboroughyouthcommission@gmail.com with any questions.

Thank you for your support of the Hillsborough Youth Commission!



Hillsborough Youth Commission 2024-25

Bottom Row (l-r): Anya Dalal, Erica Lin, Chiara Luey, Madeline Yung, Ella Roslansky, Alex Midle.
 Top Row (l-r): Brody Friedeberg, Alexa Jun, Rohan Dalal, Lorelei Johnson, Diego Gomez, David Rabinovich, Chase Hikida, Jonah Gatoff, Raj Sarbib, Kyle Bernshteyn.
 (Not Pictured: Malia Chen, Anthony Dokhanchi, Megan Iannone, and Juliet Schmeltzer)

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<https://www.hillsborough.net/676/Hillsborough-Youth-Commission>

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Landscape Design in Downtown Burlingame

By Stephanie Mittendorff

Have you ever wondered who helps make our downtown Burlingame so beautiful? Meet Hadia Khoury. Her passion for landscape design and becoming Burlingame's beautification commissioner comes from the pursuit of perfection and beautification.

Hadia started her landscape design business with the vision of making Burlingame's restaurants more inviting and vibrant through plants and flowers. Fortunately, the restaurants were able to see her vision, and since, she worked with Mykonos (including indoor flower arrangements), Trapeze, Mediterranean Kitchen, Crêpe Vine, Sapore, Society, Café Figaro and many more. She has also done a lot of residences in Hillsborough.

Hadia later rendered her volunteering services by planting and maintaining the plants on

Primrose Avenue up to the post office for the past four years. Her recent volunteer work is on the corner planters and parking lot of Burlingame Avenue and El Camino Real.

During the holidays, she was responsible for lighting up the Burlingame Avenue trees. The idea occurred to her while driving through University Avenue in Palo Alto and nine months later she made that vision a reality. Along with the tree lighting she added the bright, lighted spheres and personally made the holiday plant arrangements in all the flower pots.

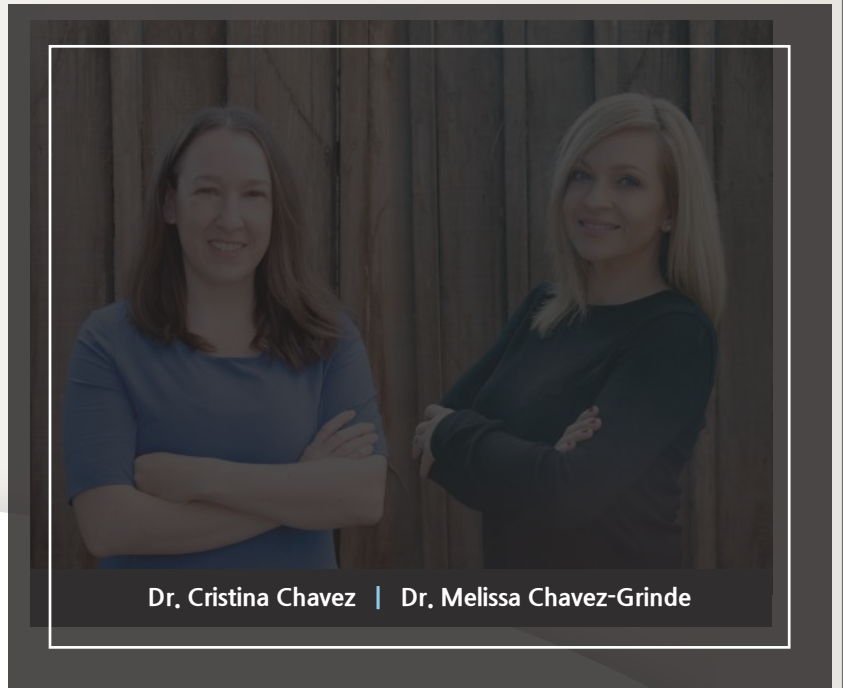
She says her vision is to make Burlingame the most beautiful city in California. Please join me in thanking Hadia for her vision, volunteering, and hard work. You can find Hadia most days walking the Avenue or at her Skincare Studio on Howard Avenue.



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October

Burlingame Library Storytimes
Tuesdays: All Ages, 10:30am, Easton Library
Wednesdays: Baby, 10:30am, Main Library. Bedtime, 7pm, Easton Library
Thursdays: All Ages Outdoor, 10:30am
Fridays: All Ages Outdoor, 10:30am

Sit 'n Stitch at Burlingame Library
Tuesdays, 11am - Noon
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Teen Advisory Board- First Friday of every month 4-5pm Lane Room
@BPL Applications accepted (7th-12th grade) only
www.burlingame.org/tab

Burlingame Library Fall Book Sale
October 17-20
View hours online

Adventures in Genealogy
October 5th, 19th and November 2nd, 10:30am
Burlingame Library

Burlingame Farmers Market
Thursdays 3-7pm and Sundays 9-1pm
Homework Center K-8
Monday/Tuesday 4-5:30pm
Burlingame Library

Burlingame Music Party for Kids 0-5yrs
Oct 21st, Nov 18th, Dec 9th, 10:30am

Fall Fest
October 27th , 10am-6pm
On Howard Avenue
Music, beer garden, food trucks, local business vendors, kids' zone (petting zoo, train ride, pony ride, jump houses) and Halloween costume contest.

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*On Page 23 of the September 2024 Hillsborough Living magazine, there was an advertisement. The PARCA Organization and PARCA Auxiliary did not write, sponsor, nor authorize the advertisement or approve the use of the PARCA Organization logo.

SAVE THE DATE

Upcoming Events

By Leslie Luciano

Hillsborough Classic

October 18, 8:45am | Racquet Games

October 21, 12pm | Golf Tournament

October 21, 5pm | Classic Reception

Green Hills Country Club, 500 Ludeman Ln, Millbrae



Tennis, Pickleball & Ping Pong. Open to all levels. All players are welcome to attend the reception. Tickets are also available for non-participants. Tickets are available for purchase at hsf.org. Proceeds benefit Hillsborough Public Schools.



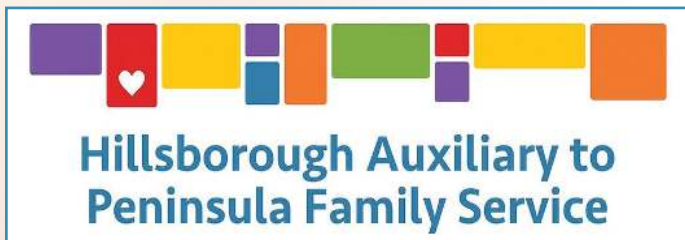
To Honor Our Veterans

November 11, 10:00am - 11:00am

Hillsborough Town Hall, 1600 Floribunda Avenue

2024 Honoree CDR Vernon Huang, US Navy Medical Corps

Please join the Hillsborough Beautification Foundation honoring our veterans. Light refreshments will be served. Plan for weather accordingly, ceremony is outdoors.



Hillsborough Auxiliary to Peninsula Family Service

Thanks For Giving 2024

Boutique Shopping and Luncheon

Friday, November 15, 10:30am-3:00pm

Hillsborough Racquet Club, 252 El Cerrito Ave Hillsborough

Hillsborough Auxiliary to Peninsula Family Service invited you to a Boutique Shopping & Luncheon. 20% of sales will be donated to Peninsula Family Service. Tickets cost \$155 and can be purchased at: www.hapfs.org/thanks-for-giving.

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Oktoberfest Pretzels

By Cindy Sohn



Let's make warm pretzels to celebrate Oktoberfest. With many dough recipes, the ingredients are few, the ingredients are simple and most likely you have all of the ingredients in your pantry. You just need time. Luckily, these pretzels come together in just 1.5 hours but will still wow your family and neighbors.

Ingredients:

- 1 ½ cups of warm water
- 2 tablespoons of brown sugar
- 2 ½ teaspoons of yeast (or 1 packet)
- 4 ½ cups of flour
- ½ cup of olive oil
- 2 teaspoons of salt
- A little more olive oil to coat the bowl

For the water bath:

- 6 cups of water
- 2 tablespoons of baking soda

Toppings:

- 1 egg for egg wash
- Coarse Salt
- Everything But The Bagel Seasoning



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Directions:

1. In the bowl of a stand mixer, pour in the warm water, add the brown sugar and yeast and let the yeast bloom at room temperature for approximately 15 minutes.
2. Add the flour and use the dough hook to combine the flour with the mixer for approximately 5 minutes or until a smooth dough comes together.
3. Drizzle a little olive oil around the sides of the bowl. Cover the bowl and let the dough rise until doubled in size (approximately 1 hour).
4. Punch the dough down and fold it over itself, in the bowl.
5. Pour the dough out onto a floured surface and section the dough into 12 equal pieces.
6. Take a piece of dough and roll it with your palms and counter to make a long rope (around 16 inches or so).
7. Bring in the 2 ends and twist them together twice and pinch the ends into the dough to make a pretzel shape.
8. In a pot, bring water and baking soda to a boil. Dip each dough into the water bath for 30 seconds or so. Then, use a slotted spoon to gently take the dough out and place them onto a parchment lined baking sheet.
9. Brush the top of each pretzel with an egg wash, then top each one with coarse salt and/or bagel seasoning.
10. Bake the pretzels at 450 degrees for 10-15 minutes until your preferred level of brown. Makes 12 pretzels.

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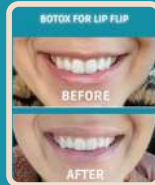


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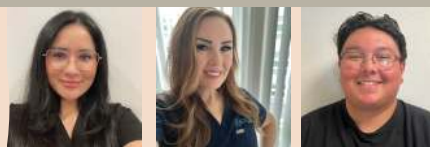


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